

A19 SIG - Ride 6

Oyster Bay

Go	At	On	For
R		Union Tpke/Service Road	0.5
BR	0.5	Grand Central Service Rd	0.7
L	1.2	Parsons Blvd	0.8
R	2.0	73rd Avenue (bike lane)	2.4
R	4.4	Hollis Hills Blvd (no sign to left is Clearview Expy)	0.4
L	4.8	Union Tpke	2.1
L	6.9	Commonwealth Blvd	1.0
BL	7.9	Marathon Parkway	0.4
R	8.3	LIE Service Road (Horace Harding )	7.2
L	15.5	Wheatley Rd (2nd left after Glen Cove Rd)	1.4
L	16.9	TRO Wheatley Rd	2.4
X	19.3	Cedar Swamp Rd	0.9
R	20.2	Brookville Rd	1.0
L	21.2	Muttontown Rd-> Eastwoods	2.8
BL	24.0	X traffic carefully - <b>PIT in Syosset</b>	0.1
C	24.1	continue on Eastwoods	0.5
L	24.6	Syosset- Cold Spring Rd	1.0
R	25.6	Stilwell	1.6
L	27.2	Harbor Rd	1.2
BL	28.4	at "T"	0.1
QR	28.5	Main St (25A, at intersection)	1.4
L	29.9	Goose Hill	0.8
R	30.7	Huntington Rd (Jennings Ln to L)	0.5
L	31.2	West Neck	1.0
L	32.2	Middle Hollow Rd (easy to miss- it's the L just before the Police St)	0.8
R	33.0	Jennings Rd	0.2
L	33.2	Dock Hollow Rd/Snake Hill (tricky descent)	0.7
L	33.9	Shore Rd	0.6
R	34.5	Main St (25A)	0.9
R	35.4	N Hempstead Tpke (25A)	0.4
R	35.8	Moore's Hill Rd	1.2
R	37.0	Cove Rd-> East Main St	2.6
	39.6	<b>Buy Lunch!</b>	
N	39.6	travel north on South St	0.2
L	39.8	Bay Ave	0.1
X	39.9	RR tracks into park	0.2
	40.1	<b>Eat in the park!</b>	

Go	At	On	For
U	40.1	reverse direction to Main	0.4
R	40.5	E. Main St	0.4
BL	40.9	<i>keep school fields on your left</i>	0.2
R	41.1	W. Main St	0.2
L	41.3	Lake Ave (sign on right for W Shore)	0.5
R	41.8	Glen Cove Rd (at "T")	0.4
L	42.2	Planting Fields Rd (caution turning)	1.1
L	43.3	Chicken Valley Rd (at "T")	2.1
L	45.4	Hegemans	1.1
R	46.5	Cedar Swamp Rd	0.7
L	47.2	Hoaglands Lane	0.7
L	47.9	Valentines Lane	1.2
L	49.1	Rte 25A (Northern Blvd)	0.1
QR	49.2	Whitney Lane	1.1
R	50.3	Wheatley Rd	1.1
R	51.4	TRO Wheatley (at STOP sign)	1.3
R	52.7	LIE Service Road (Old Westbury)	7.3
L	60.0	Marathon Parkway	0.4
BR	60.4	Commonwealth Blvd	1.0
R	61.4	Union Tpke	1.2
R	62.6	Springfield Blvd	0.6
L	63.2	73rd Ave	2.9
L	66.1	164th St	0.4
R	66.5	Union Tpke	0.7
L	67.2	Main St	0.2
R	67.4	Coolidge Ave	0.4
L	67.8	135th St	0.1
R	67.9	Hoover Ave	0.2
X	68.1	Queens Blvd- <i>go up hill</i>	0.1
R	68.2	Kew Gardens Rd	0.1
L	68.3	82nd Road	0.1
R	68.4	Austin Street	0.1
L	68.5	80th Road	0.2
R	68.7	Park Lane	0.1
L	68.8	Forest Park Drive (1 <sup>st</sup> light)	0.3
R	69.1	Metropolitan Ave	0.4
Stop	69.5	Theater Café- <i>debrief</i>	
S	69.5	<i>continue on Metro</i>	0.3
R	69.8	<i>71st Ave to Queens Blvd</i>	0.6

Trains to the city- E, F, M, R