

Go	At	On	For
	0.0	Start of route	0.1
L	0.1	Davies Pl Note: Exit Poughkeepsie RR Station, follow up under overpass to left, one way wrong way. Either ride on sidewalk or walk bike.	0.1
QR	0.2	Mill St	0.4
L	0.6	Washington St	0.0
QR	0.6	Parker Ave	0.2
L	0.8	in parking lot onto access to bridge bike path	5.0
L	5.9	Follow left off bike path thru Tony Williams Park	0.1
L	6.0	S Riverside Rd	0.1
QR	6.1	Highland-Lloyd Rd/New Paltz Rd/Rt 12	0.7
L	6.8	NY-299 W	3.9
L	10.7	Walkkill Valley Rail Trail Note: At bottom of hill, before bridge	5.7
R	16.4	Rt 44/55	
PIT	16.4	Village Market and Bakery Note: a few hundred yards further east on 44/55, off route, Gardiner	2.6
L	19.0	Bruynswick Rd/Rt 7	3.0
R	22.0	Tillson Lake Rd	1.6
R	23.6	Lake Rd	0.6
L	24.2	Lake Rd turns slightly left and becomes Aumick Rd	0.5
R	24.7	Awosting Reserve Access Note: Unmarked, parking area with gate, ascend gravel road	1.7
R	26.4	Turn sharp right onto Awosting Reserve Loop (Purple) Note: Gravel road/trail with purple markers	1.6
R	28.0	Spruce Glen Path Note: Unmarked, at "T" [going left will loop back down back to the Awosting Portal]	0.6
L	28.6	Lake Awosting Carriageway (Black) Note: going clockwise around Lake Awosting	2.2

R	30.8	TRO Lake Awosting Carriageway	0.4
S	31.2	Castle Point Carriage Road	4.5
L	35.7	Lake Minnewaska Carriageway	0.4
PIT	36.1	food van in upper parking lot, Minnewaska Note: has been in NW corner of lot	0.4
R	36.5	Turn sharp right onto Sunset Carriageway	0.2
R	36.7	Turn sharp right Note: on to Awosting Falls trail	0.2
	37.0	Awosting Falls	1.2
S	38.1	Cross Trapps/Lyons Rd Note: Continue on Trapps Trail	2.3
S	40.5	Trapps Road Bridge Note: Over Rt 44/55. You might have to present/purchase Mohonk Preserve Pass here	0.0
S	40.5	Trapps Trail	0.0
QL	40.5	Overcliff Carriage Road	2.3
L	42.9	Turn slight left onto Rhododendron Bridge	0.0
QL	42.9	Laurel Ledge Road	2.3
L	45.2	Turn slight left onto Garden Road Note: Sign at trail intersection will say to Mohonk Mtn House	0.3
L	45.5	Cedar Drive	0.0
S	45.5	Mossy Brook Road	0.2
R	45.7	Barn Road Note: Follow signs to North Lookout Carriageway	0.0
QR	45.7	Mossy Brook Road Note: Follow signs to North Lookout Carriageway	0.1
L	45.8	North Lookout Rd	0.1
QL	45.9	Mossy Brook Path	0.0
QL	45.9	North Lookout Rd	1.1
R	47.0	Follow signs onto Whitney Carriageway on to parking lot at Gate/Toll House Note: Continue on to Gate/Toll house	0.6
PIT	47.6	Mohonk Toll/Gate House Note: water available from hose on right of building	
QR	47.6	Turn slight right onto Lenape Lane Note: Gate might be down, go thru and descend	3.2

L	50.8	Butterville Road Bridge (Low Clearance) Note: unpaved path among boulders goes over bridge spanning Butterville Rd	0.0
S	50.8	Mohonk Gatehouse Rd	1.2
PIT	52.1	Walkkill View Farm Market	4.8
R	56.8	New Paltz Road, CR 12	0.7
L	57.5	South Riverside Road, CR 15	0.1
QR	57.6	Turn right, Tony Williams Park Note: continue on to Hudson Valley Bike Path	5.2
R	62.8	Turn right, exit bike path Note: cycle thru parking lot access	0.0
QR	62.8	Parker Avenue,	0.2
L	63.0	Washington Street	0.1
QR	63.1	Angle right onto North Bridge Street at Verrazano Blvd intersection	0.2
R	63.3	Mill Street	0.1
S	63.4	Dongan Place	0.1
L	63.6	Davies Place	0.0
QR	63.6	Poughkeepsie Railroad Station Note: End of ride	0.0
	63.6	End of route	