

Day 3: New Haven to Deep River

Turn	Total Mile	Street	For
R	0	Whalley → Broadway	0.2
Str	0.2	Elm St.	0.5
R	0.7	Orange St.	0.2
L	0.9	Chapel St.	1.6
R	2.5	E. Ferry	0.3
R	2.8	Fairmont	0.6
R	3.4	Woodward Ave/Ft. Hale Pk.	2.0
R	5.4	Townsend Ave.	1.5
L	6.9	Silver Sands Rd (Rte. 337) Street sign says S. End Rd.	0.7
STR	7.6	Cosey Beach Rd. (Where Rte. 337 goes left)	0.1
R	7.7	Catherine	0.2
L	7.9	Cosey Beach Ave.	0.3
L	8.2	Coe Ave.	1.1
R	9.3	Silver Sand Rd. (Rte. 337 E goes straight)	0.4
R	9.7	Short Beach Rd. (at "T")	2.4
R	12.1	Stannard Ave. (traffic light)	0.7
L	12.8	Harbor St. (at Stop Sign)	0.5
R	13.3	Maple St. (pit stop)	0.3

R	13.6	TRO Maple St (at RR sign)	0.2
BR	13.8	Indian Neck Ave.	0.6
BR	14.4	Montowese St. (146) → Limewood Ave → Elizabeth St → Pine Orchard Rd (146)	2.4
L	16.8	Blackstone Ave. (Rte. 146) → Totoket Rd.	1.4
R	18.2	Stoney Creek Rd (Rte. 146)	1.5
BL	19.7	Leets Island Rd. (at top of hill)	3.6
L	23.3	Sachems Head Rd (146)	0.1
BR	23.4	Lower Water St. (Rte. 146)	1.5
L	24.9	Old Whitfield	
		Guilford Town Green Lunch	
		Circle Green to north side	0.2
R	25.1	Rte. 77 N	14.
R	39.1	Rte. 79S (sharp turn uphill)	3.5
L	42.6	Rte. 148	13.8
R	56.4	Main St.	0.7
R	57.1	Rte. 154	1.5
	58.6	Riverwind Inn 860-526-2014 209 Main St.	

Day 4: Goodspeed – Gillette – Old Lyme

Turn	Total Miles	Street	For
N	0	Rte. 154	5.7
R	5.7	Bridge Rd.	0.6
		Tour Goodspeed	
Cont	6.3	Rte. 82 (east)	1.2
R	7.5	TRO Rte. 82	1.1
R	8.6	Rte. 431	1.8
R	10.4	Rte. 148	0.2
R	10.6	Gillette Castle	0.2
Back	10.8	To Rte. 148	0.2
R	11.0	Rte. 148	1.7
	12.7	Take ferry to Chester	
Str		Ferry Rd.	0.8
Str	13.5	X Rte. 154, cont. Rte. 148	1.0
L	14.5	Main St.	
		Lunch in Chester	
		Visit Richard Sachs	
		Main St. (toward river)	0.7
R	15.1	Rte. 154	1.5
L	16.6	Essex St.	1.0
L	17.6	River Road	3.5
ST	21.1	N. Main St.	0.4

R	21.5	Grove St.	0.3
R	21.8	West Ave.	0.4
L	22.2	Rte. 154 (Saybrook Rd. → Middlesex Tnpk)	4.1
BR	26.3	Rte. 1 (Boston Post Rd.)	0.3
L	26.6	Rte 154 (Main St.)	1.0
BL	27.6	Rte 154 (College St.)	1.2
R	28.8	Rte 154 (Bridge St. → Maple)	2.5
L	31.3	Rte. 154 (Summerfield)	0.1
L	31.4	Rte. 154 (Park Crofters Ln.)	0.2
R	31.6	Rte. 154 (Plum Bank Rd. → Great Hammock Rd.)	1.6
R	33.2	Boston Post Rd.	0.6
L	33.8	Rte. 154	0.6
R	34.4	Rte. 1/Rte. 154	0.3
L	34.7	Rte. 154	4.7
BL	39.4	Rte. 602 (may feel straight)	3.0
R	42.4	Rte. 80 (W. Elm)	2.1
R	44.5	Rte. 154	0.2
L	44.7	River Wind Inn	

Day 5: Devil's Hopyard – Old Lyme

Turn	Total Miles	Street	For
N	0	Rte. 154	5.2
R	5.2	Rte. 82 (X bridge, cont. 82)	2.2
R	7.4	TRO Rte. 82	0.1
1 st L	7.5	Mt. Parnassus Rd. Rte. 434	5.7
R	13.2	Devil's Hopyard Rd.	0.6
L	13.8	Into Park: Chapman Falls Sightsee, then back to road	
L	13.9	Devil's Hopyard Rd.	3.4
R	17.3	Rte. 82 (at T)	0.2
1 st L	17.5	Rte. 156	1.6
L	19.1	Beaver Brook Rd.	2.6
R	21.7	Grassy Hill Rd.	4.5
L	26.2	Rte. 1	1.8
R	28.0	Four Mile River Rd.	1.8
R	29.8	Rte. 156	7.0
		(Pizza Plus on right, maybe 2-3 miles into Rte. 156)	

L	36.8	Go under I-95 & just past entrance to 95/Baldwin Bridge, cross Rte. 156 onto opposite sidewalk to access bike path across Bridge	0.8
L	37.6	Rte. 154 at end of path	3.0
R	40.6	South Main St.	0.4
R	41.0	TRO S. Main	0.2
R/L	41.2	onto N. Main → River Rd.	3.4
R	44.6	Essex St.	1.7
L	46.3	Rte. 154	0.1
L	46.4	River Wind Inn.	

Day 6: Deep River – New Haven

Turn	Total Miles	Street	For
R	0	Rte. 154	0.2
L	0.2	Rte. 80	17
L	17.2	Rte. 77	5.4
R	22.6	Broad St. (at "T")	0.1
1 st L	22.7	Whitfield St.	0.2
	22.9	LUNCH on Town Green or Tastebuds or Bagel Café or Cilantro	
R	22.9	Water St. (Rte 146)	1.6
R	24.5	Leetes Is. Rd. (Rte 146)	5.5
STR	30.0	Damascus (Rte. 146 goes left, you go straight)	0.7
BL	30.7	TRO Damascus (at stop sign at top of rise)	1.3
R	32.0	Montowese (at T)	
QL		Meadow	0.5
L	32.5	At "T"	0.1
L	32.6	Maple St.	1.0

L	33.6	Short Beach Rd. (Rte 142)	3.0
L	36.6	Silver Sands Rd.	1.2
R	37.8	Cosey Beach Ave.	0.7
R	38.5	South End Rd. (Rte. 337) → Townsend Ave.	1.5
L	40.0	Ft. Hale Park Rd. → Woodward Ave.	1.8
L	41.8	Forbes Ave.	1.7
		CAUTION: RR TRACKS just before draw bridge GO SLOW	
L	43.5	Water St./Union Ave.	0.3
L	43.8	Union Station	