

Start at W 95th St	0.0 mi	Slight right onto Gem St	15.2 mi
Turn slight right onto Riverside Parkway	0.1 mi	Arrive at ACME Fish	
Turn slight right and down the hill to Hudson River Greenway	0.3 mi	Turn left on Meserole Street	
Sharp left to stay on Hudson River Greenway	0.4 mi	Turn left onto Franklin St	15.4 mi
Turn right, stay on bike path	6.2 mi	Turn left onto N 14th St	15.5 mi
<i>(short-cut: turn left onto Warren St</i>	<i>6.4 mi</i>	Turn right on Wythe Ave	15.6 mi
<i>Follow bike path through City Hall Park to Brooklyn Bridge Promenade</i>		Coffee Break at Bakeri (Wythe & 8th) or Depanneur (15.8 mi
<i>Skip ahead on cue-sheet 'til after bridge "Adams Street")</i>		Turn right onto Flushing Ave	17.6 mi
Turn left to stay on Esplanade	7.2 mi	Turn right onto Navy St	18.8 mi
Slight right to stay on Esplanade	7.4 mi	Turn left onto Sands St	18.9 mi
Turn left to stay on Esplanade	7.5 mi	<i>(alternative: follow access to Manhattan Bridge bike path and cross Manhattan Bridge to finish ride on Canal Street)</i>	
Turn left onto Greenwich Street	7.7 mi	Turn left onto Jay St	19.2 mi
Greenwich becomes Trinity Place becomes Church Street	8.0 mi	Turn right onto Tillary St	19.3 mi
Turn right on Warren Street	9 mi	Turn right onto Adams Street	19.4 mi
Cross Park and get onto bike path to Brooklyn Bridge	9.5 mi	--- access ramp to Brooklyn Bridge	
Slight left onto Brooklyn Bridge Promenade	10.1 mi	Turn right onto Brooklyn Bridge Promenade	19.4 mi
Turn right to stay on Brooklyn Bridge Promenade	10.1 mi	Continue straight onto Brooklyn Bridge Promenade	19.5 mi
Turn left onto Adam Street	11.3 mi	Turn left onto Centre St	21.6 mi
Turn right onto Sands St	11.4 mi	Continue onto Park Row	21.7 mi
Turn right onto Navy St	11.8 mi	Slight right to stay on Park Row	21.8 mi
Turn left onto Flushing Ave	11.9 mi	Cross Broadway onto Barclay Street	21.8 mi
Turn left onto Kent Ave	12.9 mi	Turn right onto West Street	22.6 mi
Turn right onto Division Ave	13.7 mi	Turn left onto Murray Street	23.1 mi
Turn left onto Berry Street	15.1 mi	Turn left onto Hudson River Greenway	
Slight right on Nassau Street		Stay on Hudson River Greenway until 72 nd Street	
Turn left onto N 15th St	15.2 mi	Arrive at 72nd Street	28.5 mi