

Garrison-Port Jervis-Beacon 2009 107 miles, 6340' gain

Garrison to Warwick - 35 miles: very hilly

Ttl	Do	At	For
0.0	R	From Garrison MN station - Lower Station Rd/Rt 12 S	0.6
0.6	R	9D South	4.5
5.1	R	Bear Mtn Bridge	0.6
5.7	R	¾ around circle > 9W South	0.5
6.2	R	@ 1 st traffic light, "Bear Mtn Inn"	0.4
6.6	R	¼ around circle > 7 Lakes Drive South	2.8
9.4	BL	Merge onto PIP>6W	0.4
9.8	R	Exit 18/Rt 6	0.3
10.1	R	2 nd @ circle, TRO 7 Lakes Dr	3.7
13.8	S	Tiorati Circle, TRO 7 Lakes, <i>water</i>	3.3
17.1	R	¼ around Kanawauke Circle > Rt 106 W	5.1
22.2	X	Rt 17, Rt 106> Rt 17A - <i>climb Hogback</i>	7.4
29.6	R	@ intersection Rt 210 (BL @ fork), TRO 17A <i>climb Mt Peter</i>	6.2
35.8	R	@ intersec Rt 94, in Warwick, TRO 17A (Oakland>Main) PIT	0.8

Warwick to PJ - 24 miles: rolling, descent

36.6	L	Grand St/Rt 1B	3.0
39.6	L	TRO Rt 1, @ junction Rt 41	0.3
39.9	R	TRO Rt 1/Pine Island Tpk	4.2
44.1	R	TRO Rt 1/Pine Island Tpk	5.1
49.2	S	284 > CR 1	3.7
52.9	L	Rt 6 West	5.8
58.7	L	Jersey Av, Port Jervis	0.7
59.4		Erie Hotel, 9 Jersey Av, left, lunch	

PJ to Goshen - 23 miles: uphill, rolling

59.4	R	Jersey Ave	0.7
60.1	R	Rt 6 East from Rt 16/6 intersection(11.0 <i>orchard stand on right</i>)	14.7
74.8	R	Rt 56, easy to miss!	2.1
76.9	L	@ traffic lights Rt 12, Rt 50	0.7
77.6	BR	Echo Lake Rd>Cheechunk	1.3
78.9	L	Owens/Ingersoll Rd	1.6
80.5	S	Phillipsburg Rd > N Church Rd (Not L onto Phillipsburg)	2.0
82.5	R	Main Street - PIT	

Goshen to Beacon - 25 miles: rolling

82.5		Reverse direction on Main	0.9
83.4	R	Sarah Wells Trail/Rt 8 > Rt 208	7.2
90.6	L	Twin Arch Rd	2.7
93.3	R	Rt 207 Bike Route (BR)	6.7
100.0	BL	Little Britain TRO 207 BR	2.7
102.7	X	Rt 17K/Bdwy > West St TRO BR	0.5
103.2	R	South St, TRO BR	0.2
103.4	L	Fullerton Ave, TRO BR	0.5
103.9	R	North St, TRO BR	0.7
104.6	BR	Plank>Leroy, TRO BR	
104.6	QL	Grand St, TRO BR	0.1
104.7	L	Bridge bike path under overpass	2.0
106.7	R	9D	1.2
107.9	R	Beekman to River Terrace	

Option: Warwick to Goshen option - 15 miles

0.75	R	Rt 13/Kings Hwy
6.1	L	Pine Hill Rd(>Hillside/Goele Rd)
3.6	R	Rt 94
0.1	QL	Clark
0.7	R	Fort Hill
1.1	L	Conklintown Rd, at end
0.2	R	Reservoir Rd, at end
1.1	R	South St
1.1	L	Church St
0.3	L	Grand St, <i>Goshen Bakery on right</i> <i>WV's coffeehouse, 47 W Main St on L</i>

Note: If you need to bailout west of Warwick on the route out, take any road going north (to your right) then make a right when you get to Route 6 (either county 6 which starts in Pine Island and goes to Goshen, or US 6). This will put you back on the cue sheet on the return.

Hills:

7 Lakes Dr hill from Bear Mtn Inn Cir to Perkins climbs 428' in 1.8 miles – 4.5% grade
Hogback climbs 685' in 2.2 miles – 5.9% grade
Mt Peter climbs 747' in 1.6 miles – 6.4% grade
1st Pine Island hill e of Westton 200', 0.5m- 8.2%
2nd Pine Island hill w of Westton 250', 0.8m- 6%
Rt 6 hill east of PJ 750', 3.4 miles – 4%

Metro-North trains leave Beacon:

4:00, 4:09, 5:13, 6:13, 7:13