

Go	At	On	For
	0.0	Start of route	0.0
	0.0	MEET: 9:15am Grant's Tomb (Riverside/122nd)	0.0
⚠	0.0	GOALS: 1) Anticipate; ride proactively 2) Uniform, consistent effort	0.0
S	0.0	Riverside Dr	1.7
R	1.7	W 155th St ⇒ Riverside Dr	0.2
L	1.9	TRO Riverside Dr	0.3
R	2.2	W 162nd St	0.1
L	2.3	Fort Washington Ave	0.7
L	3.1	W 177th St	0.1
R	3.2	Cabrini Blvd [END]	0.1
QL	3.2	sidewalk ⇒ GWB path [END]	1.3
R	4.5	Hudson Terrace [END]	2.0
L	6.5	E Palisade Ave	0.2
R	6.7	Floyd St	1.0
L	7.8	Van Wagoner Dr [END]	0.1
L	7.9	Johnson Ave	0.3
R	8.2	N Woodland St [sign on L]	0.9
R	9.1	Kent Rd [sign on L] [END]	0.2
L	9.3	E Clinton Ave <i>Caution: Fast descent w/cars</i>	1.5
R	10.8	County Rd [at TL] <i>WC at 7-11 on L at mile 14.6</i>	1.3
L	12.2	Union Ave	0.3
BR	12.5	Grant Ave [END]	1.5
R	14.0	Washington Ave [at TL] ⇒ Schraalenburgh Rd	1.9
L	16.0	Old Hook Rd [at TL]	0.7
R	16.6	Bogerts Mill Rd [at TL] [END]	0.4
L	17.0	Harriot Ave ⇒ Rivervale Rd	3.6
R	20.7	Orangeburgh Rd	0.7
L	21.4	Blue Hill Rd [END]	0.6
R	22.0	N Middletown Rd	0.7
L	22.8	Gilbert Ave [at TL] ⇒ S Main St	1.0
PIT	23.7	Lunch in Pearl River <i>Pilgrim Market on Franklin (R off Main); Muddy Brook Cafe on Main; Munno's Deli & Pearl Rvr Bagels on E Central; Zimi Bagel on Middletown</i>	0.0

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QR	23.8	E Central Ave	0.5
L	24.3	N Middletown Rd [at TL]	0.3
R	24.6	Blauvelt Rd [fast descent]	1.2
BL	25.8	Sickletown Rd	1.2
R	27.0	5th Ave [END]	0.5
L	27.5	Sunset Rd [END]	0.6
R	28.1	Old Western Hwy [END]	0.1
R	28.2	Western Hwy N [END]	3.3
L	31.5	Old Tappan Rd	0.2
R	31.7	Main St [at TL]	0.1
BL	31.8	Oak Tree Rd	0.3
R	32.1	NY-303 S [at TL]	0.4
PIT	32.5	Alt Lunch: Northvale Diner [on R]	0.0
S	32.6	Con't on 303-S ⇒ Livingston St	2.8
BL	35.4	Harrington Ave ⇒ Closter Dock	1.1
BR	36.5	TRO Closter Dock Rd [fork at TL]	0.3
R	36.7	County Rd [2nd R after curve]	0.7
R	37.5	TRO County Rd/501 [at SS]	0.3
BL	37.7	TRO County Rd/501	0.6
BR	38.3	TRO County Rd/501	1.9
L	40.2	E Clinton Ave [at TL]	0.1
QR	40.3	Dean Dr	0.9
L	41.2	E Ivy [at TL] ⇒ E Hudson [END]	0.5
R	41.7	Elkwood Terrace [END]	0.3
L	42.0	Davison Pl	0.1
BR	42.2	Lydecker St	0.6
L	42.8	Walnut St [climb to END]	0.6
L	43.3	N Woodland St	0.1
R	43.4	Pershing Rd	0.3
R	43.7	Summit St	0.3
L	44.1	E Palisade Ave [at TL]	0.4
R	44.5	Hudson Terrace	2.0
L	46.4	GWB path ⇒ sidewalk	1.3
R	47.7	Cabrini Blvd [END]	0.1
QR	47.8	W 177th St	0.0
QL	47.8	Haven Ave	0.5
R	48.3	Fort Washington Ave	0.1
R	48.4	W 165th St [END]	0.1
L	48.5	Riverside Dr	2.4
	50.9	End of route	