



Go	At	On	For
	0.0	Start of route	0.0
	0.0	Battery Park at the start of the Hudson River Greenway, head north on bike path <i>Start</i>	0.8
R	0.9	Warren St, exit greenway	0.4
S	1.3	City Hall Park Path after crossing Broadway	0.1
S	1.4	Cross Park Row/Centre St, continue on Brooklyn Bridge Promenade bike path <i>Be mindful of pedestrian traffic!</i>	0.0
BR	1.4	Brooklyn Bridge Promenade	1.4
Uturn	2.9	At end of promenade, take a u turn at Tillary St onto Adams St, Brooklyn	0.3
R	3.1	Adams St turns right and becomes Sands St	0.1
R	3.2	Manhattan Bridge Bicycle Path just beyond bridge underpass, continuing on it over the Manhattan Bridge	1.4
BR	4.6	Canal St, upon exiting bridge bike path, Manhattan	0.1
L	4.7	Allen St	0.2
R	4.9	Broome St going east	0.2
L	5.1	Norfolk St	0.1
QR	5.2	Delancey St,	0.0
	5.2	Caution, aggressive motor traffic on Delancey St!	0.1
QL	5.3	Clinton St	0.0
QR	5.3	Williamsburg Bridge Path, follow path over bridge staying on designated bike path when guided by signs	1.4
L	6.7	follow bike path exit to left, Williamsburg, Brooklyn	0.0
QL	6.7	S 4th St	0.4
R	7.1	Kent Ave	0.7
L	7.8	at N 9th St	0.1
Uturn	7.9	U-turn on N 9th St after view of Manhattan over the East River. Note restrooms at playing field on N 9th St	0.1

Go	At	On	For
L	8.0	Kent Ave, continue north	0.2
S	8.3	Continue slightly to left as Kent becomes Franklin St	0.4
R	8.7	Kent St	0.2
L	8.9	Manhattan Ave	0.3
R	9.2	Eagle St	0.1
	9.3	Caution, crossing entry ramp to BQE!	0.0
QL	9.3	Pulaski Bridge bike path	0.5
L	9.8	At end of Pulaski Bridge bike path, walk bike left across 11th St at crossing	0.0
QR	9.9	Walk bike across Jackson Ave to bike path on other side	0.0
QL	9.9	Left on Jackson Ave bike path	0.4
R	10.3	Right on Center Blvd	0.2
L	10.5	Follow path to left	0.1
	10.6	View of Manhattan	0.1
QR	10.7	path	0.0
QR	10.7	path	0.0
QL	10.7	follow path to left	0.1
QR	10.8	right on Center Blvd south	0.1
L	10.9	47th Rd	0.2
L	11.1	Vernon Blvd	0.3
R	11.4	44th Dr	0.4
L	11.8	23rd St	0.3
R	12.1	Queensboro Bridge Greenway	0.1
QR	12.2	Ed Koch Queensboro Bridge Path	1.4
L	13.6	1st Avenue, Manhattan	1.2
R	14.8	E 84th St	0.3
S	15.1	Cross East End Ave and pick up the John Finley Walk on the left, heading the same way	0.1
QL	15.2	East River Promenade going north	1.1
L	16.2	Ward's Island Bridge, follow to cross bridge	0.3
L	16.5	Harlem River Pathway on Ward's Randall's Island	0.6
L	17.2	Little Hell Gate Bridge on bike path	0.1
R	17.3	Harlem River Pathway	0.1
L	17.4	Left on path going north under expressway, overhead	0.1

Go	At	On	For
L	17.5	at Central Rd and right to follow path north	0.5
S	18.0	follow road /path under expressway	0.4
L	18.4	Zigzag left, right to path on bridge to the Bronx, descend path on other side of bridge	0.4
Uturn	18.8	U-turn onto Cypress Ave	0.0
QR	18.9	E 132nd St next to bridge	0.2
R	19.1	Right on St Ann's Place	0.1
QL	19.1	Bruckner Blvd	0.3
R	19.5	far side under Willis Ave Bridge to access bridge bike path on your right	0.1
QR	19.5	Sharp right onto Willis Ave Bridge Path	0.5
R	20.0	Willis Ave Bridge Path turns slightly right and becomes 1st Avenue, Manhattan	0.1
QR	20.1	E 124th St	0.2
R	20.2	East 123rd Street	0.1
R	20.4	3rd Avenue	0.3
L	20.6	Zigzag right and left to access bike path on other side of E 128th St	0.0
BR	20.7	following 3rd Ave Bridge bike path to right, continue over bridge	0.2
S	20.9	Descend stairs, following path ahead, Bronx	0.0
QL	21.0	Left on Bruckner Blvd	0.0
QR	21.0	Quick right on Third Ave	0.1
L	21.1	Zigzag left, right, then left onto E 135th St on other side of underpass	0.2
R	21.2	Follow E 135th St as it bends right and becomes Park Ave	0.2
L	21.4	E 138th St	0.1
R	21.5	At Exterior Street go right and left to access bike path on Madison Avenue Bridge, continue over bridge	0.3

Go	At	On	For
R	21.8	5th Avenue going uptown/north, Manhattan	0.1
L	22.0	W 141st St	0.1
QR	22.1	Chisum PI	0.0
QL	22.1	W 142nd St	0.1
QR	22.2	Lenox Ave/Malcolm X Blvd	0.2
R	22.4	145th St, follow over bridge	0.3
L	22.7	River Ave in the Bronx	0.6
L	23.3	E 161st St	0.1
S	23.4	Follow the crosswalk in front of Babe Ruth Plaza at Yankee Stadium	0.1
QL	23.5	Macombs Dam Bridge	0.3
BR	23.8	W 155th St, in Manhattan	0.3
R	24.2	Edgecombe Ave	0.3
L	24.4	W 160th St	0.0
QR	24.5	Jumel Terrace	0.0
QR	24.5	walk on path to Morris-Jumel Mansion, then out to Edgecombe Ave	0.1
QL	24.6	Left on Edgecombe Ave	0.2
R	24.8	High Bridge bike path at 165th St on Edgecombe, follow path to bridge	0.7
Uturn	25.6	U-turn back on Bronx side of bridge	0.7
L	26.3	Edgecombe Avenue	0.4
R	26.7	off Edgecombe Ave onto bike path to 155th St	0.1
QR	26.8	West 155th Street	0.0
QL	26.8	Saint Nicholas Avenue	0.2
R	27.0	Convent Avenue	0.6
L	27.6	Saint Nicholas Terrace	0.7
L	28.3	W 128th St, descend to St Nicks	0.1
QR	28.3	Saint Nicholas Avenue	0.2
BL	28.5	TRO St Nicholas Ave	0.2
L	28.8	W 120th St	1.4
L	30.2	E 120th Street Pedestrian Bridge	0.0
S	30.2	Take the pedestrian overpass over FDR Drive	0.1
QR	30.3	Sharp right onto Bobby Wagner Walk/East River Esplanade south	1.9

Go	At	On	For
S	32.2	Continue straight TRO John Finley Walk	0.1
R	32.3	East End Ave	0.1
QL	32.4	East End Ave	0.3
L	32.6	E 79th St	0.0
QR	32.6	FDR Drive	0.1
QR	32.7	E 78th St	0.1
QL	32.8	Sharp left toward John Finley Walk	0.1
S	32.9	John Finley Walk/East River Esplanade	0.9
L	33.8	E 60th St	0.0
QL	33.8	York Ave	0.0
S	33.9	Sutton Pl	0.1
QL	33.9	Sutton Square	0.0
Uturn	33.9	U-turn back after view of East River/59th St Bridge	0.0
QL	34.0	Sutton Pl	0.2
R	34.1	E 55th St	0.3
L	34.4	2nd Ave	1.0
L	35.5	E 34th St	0.2
R	35.7	East River Esplanade	0.3
L	36.0	Waterside Plaza	0.1
BL	36.2	E River Bikeway	0.8
L	37.0	East River Promenade	0.0
QL	37.1	East River Promenade	1.2
L	38.3	E River Bikeway	0.2
BR	38.5	Montgomery St	0.0
QL	38.5	South St, pick up bike path under FDR Drive	1.0
L	39.6	TRO E River Bikeway	0.6
R	40.2	Follow bike path to right	0.1
QL	40.3	TRO Battery Bikeway	0.1
BR	40.4	TRO Battery Bikeway	0.2
L	40.6	Battery Pl	0.0
	40.6	End, at start, Battery Park Bikeway	0.0
	40.6	End of route	