

Go	At	On	For
	0.0	Start of route	0.1
L	0.1	Davies Pl Note: Exit Poughkeepsie RR Station, follow up under overpass to left, one way wrong way. Either ride on sidewalk or walk bike.	0.1
QR	0.2	Mill St	0.4
L	0.6	Washington St	0.0
QR	0.6	Parker Ave	0.2
L	0.8	in parking lot onto access to bridge bike path	5.0
L	5.9	Follow left off bike path thru Tony Williams Park	0.1
L	6.0	S Riverside Rd	0.1
QR	6.1	Highland-Lloyd Rd/New Paltz Rd/Rt 12	0.7
L	6.8	NY-299 W	0.1
QR	6.8	New Paltz Rd⇒ Old Rte 299	2.2
L	9.0	N Ohioville Rd	0.0
QR	9.0	NY-299 W	0.0
QL	9.1	N Ohioville Rd	0.0
QL	9.1	Old Rte 299	0.1
QL	9.2	NY-299 W/Main St	0.0
QR	9.2	NY-299 W/Main St	1.8
R	10.9	Sharp right onto Wallkill Valley Rail Trail, going north Note: New Paltz	7.2
L	18.1	Left on access to rail trail Note: If you feel cool air as you cycle by the cliff on your right prior to this, see if you can see snow in the mine adit (mine entrance) just off the rail trail	1.0
R	19.2	Right on Binnewater Rd	2.1
BR	21.2	Lucas Ave/Lucas Ave Ext	1.9
L	23.1	Joys Ln	0.6
S	23.7	Dewitt Mills Rd	0.0
S	23.7	Zandhoek Rd	0.4
R	24.2	TRO Zandhoek Rd	0.2
S	24.4	Main St Note: Hurley	0.3
	24.6	Reformed Church Note: Historic	0.4
R	25.0	Millbrook Ave	0.1
QL	25.1	Foertner St	0.1
S	25.2	Zandhoek Rd	0.5

S	25.7	Dewitt Mills Rd	3.2
R	28.8	NY-32 S	8.2
L	37.1	Horsenden Rd/New Paltz Bypass	1.6
S	38.6	Elliotts Ln	0.8
R	39.5	Plutarch Rd	1.6
L	41.1	New Paltz Rd	1.4
L	42.5	NY-299 E	0.1
QR	42.5	Highland-Lloyd Rd/New Paltz Rd	0.7
L	43.2	S Riverside Rd	0.1
QR	43.3	Tony Williams Park, access to rail trail	0.1
S	43.4	Hudson Valley Rail Trail	3.0
BL	46.4	TRO Hudson Valley Rail Trail	2.1
R	48.5	Parker Ave Note: thru parking lot	0.0
QR	48.5	Parker Ave	0.2
L	48.7	Washington St	0.1
QR	48.8	Onto N Bridge St @ Verazzano Blvd	0.2
R	49.0	Mill St	0.2
S	49.1	Dongan Pl	0.1
L	49.2	Davies Pl	0.0
QR	49.3	, follow to Railroad Starion	0.0
QR	49.3	Poughkeepsie Railroad Station	0.0
	49.3	End of route	