

Go	At	On	For
	0.0	Start of route	0.0
	0.0	NJ side of GW Bridgehead north, right on Hudson Terrace	2.0
L	2.0	E Palisade Ave	0.1
R	2.1	9W	11.7
L	13.8	Hickey St - CAUTION	0.1
QR	13.9	Kings Hwy	1.5
R	15.4	NY-303 N	0.2
R	15.6	Mountain View Ave	0.0
BL	15.7	S Greenbush Rd	1.3
BR	16.9	NY-303 N Note: Hug the shoulder	0.1
BR	17.0	Greenbush Rd	1.8
R	18.8	N Greenbush Rd	0.1
BL	18.9	NY-303 N	0.1
S	19.0	NY-303 N Note: Caution!	0.5
L	19.5	N Palisades Center Dr	0.2
R	19.7	Snake Hill Rd	0.7
R	20.4	Old Mill Rd	1.9
L	22.3	Kings Hwy ⇒ Old Haverstraw Rd	3.3
R	25.6	NY-304 N	0.1
L	25.7	Rt 9W north	1.4
R	27.1	Short Clove Rd	0.3
R	27.5	Riverside Ave ⇒ Maple Ave	0.8
R	28.2	New Main St Note: Haverstraw	0.1
L	28.4	Broadway	0.6
BR	29.0	Samsondale Ave	0.3
R	29.2	Taneyanns Ln	0.3
R	29.5	E Railroad Ave	0.1
BL	29.6	Co Rd 108/Beach Rd ⇒ Grassy Point Rd ⇒ E Main St	2.7
L	32.3	9W south to dinner for lunch	0.5
L	32.8	into Diner	0.0
QR	32.8	Turn right 9W north	8.6
	41.3	(bailout in Garrison via Bear Mtn Bridge/9D)	0.1
S	41.4	Stay on 9W north thru circle	2.7
R	44.1	Take the exit toward Main St/ Rt 218	1.2
L	45.3	Mountain Ave Note: Highland	2.0
S	47.3	Take the NY-218 exit toward NY- 293/US-6	0.2

S	47.5	Merge onto NY-218 N	6.1
PIT	53.6	Painters	0.0
QR	53.6	River Ave ⇒ Shore Rd	1.2
R	54.9	N Rte 9W S	0.8
R	55.7	Old 9W	0.3
BR	56.0	River Rd ⇒ Water St	3.3
R	59.2	Grand Ave	1.0
S	60.2	Commonwealth Ave	0.2
R	60.4	River Rd	4.0
BR	64.5	TRO River Rd	0.0
QR	64.5	Old Post Rd	2.1
R	66.6	N Rte 9W N	0.4
L	67.0	Western Ave Note: Marlboro	0.0
PIT	67.0	Deli on right	0.3
R	67.3	White St	0.0
QL	67.3	Prospect St	1.0
R	68.3	Ridge Rd	0.9
L	69.1	TRO Ridge Rd	0.7
L	69.8	Old Indian Rd ⇒ Lattintown Rd	1.4
R	71.2	TRO Lattintown Rd	0.4
R	71.6	Mulberry Ln	1.3
R	72.9	Milton Turnpike	1.5
L	74.4	Gabriety Rd ⇒ Perkinsville Rd	1.3
R	75.7	Chapel Hill Rd	0.2
L	75.9	N Rte 9W N	1.0
R	77.0	Haviland Rd	1.0
S	78.0	Mid-Hudson Bridge North Walk- way	0.7
L	78.7	bridge bike path access	0.1
QR	78.8	Gerald Dr	0.1
QL	78.8	Rinaldi Blvd	0.2
R	79.0	Main St	0.0
QL	79.1	Turn left	0.0
	79.1	End at Poughkeepsie MNR	
	79.1	End of route	