

Go	At	On	For
	0.0	Start of route	
L	0.0	NJ side of GW Bridge, left on same side sidewalk/bike path Hudson Terrace/Rt 505	0.5
L	0.5	Henry Hudson Dr	8.1
L	8.6	Alpine Approach Rd	0.2
R	8.8	N Rte 9W N	6.0
L	14.7	Hickey St	0.1
QR	14.8	Kings Hwy	1.5
R	16.4	NY-303 N	0.2
R	16.6	Mountain View Ave	0.7
R	17.2	Clausland Mountain Rd	1.3
L	18.5	Tweed Blvd	1.5
S	20.0	Bradley Pkwy	0.4
R	20.4	Schuyler Rd	0.7
R	21.2	Waldron Ave	0.3
L	21.5	TRO Waldron Ave	0.1
QL	21.6	TRO Waldron Ave	0.2
S	21.7	cross Rt 59 Note: Nyack	0.0
S	21.7	Mountainview Ave	1.4
L	23.1	Christian Herald Rd	0.6
L	23.7	Lake Rd	0.3
S	24.0	New Lake Rd	0.1
R	24.1	Kings Hwy	2.3
L	26.5	Congers Rd	1.2
R	27.7	Sharp right onto Ridge Rd	1.4
L	29.1	S Mountain Rd/Rt 90	2.6
R	31.8	Little Tor Rd/Central Hwy/ Rt 33	1.6
L	33.4	Rt 202 west	2.4
PIT	35.8	David's Bagels Note: in strip mall to left	0.7
R	36.5	N Camp Hill Rd	1.0
R	37.4	Call Hollow Rd	2.1
L	39.5	Willow Grove Rd	1.0
S	40.5	Merge onto Rt 106 west	1.9
R	42.4	Right, Lake Welch access road	1.1
S	43.5	Thru state park toll gate	0.2
S	43.7	Lake Welch Pkwy	1.1
BL	44.8	Lake Welch Pkwy	0.5
L	45.2	Sharp left onto Tiorati Brook Rd Note: Easy to miss!	3.6
R	48.9	Tiorati Circle, take the 1st exit onto 7 Lakes Dr north	3.7
R	52.5	Long Mtn Circle, take the 3rd exit onto US-6 W	3.4

S	56.0	Merge onto NY-293 N	6.5
BL	62.5	NY-218 N	5.9
L	68.4	Mountain Rd	1.6
R	70.0	N Rte 9W N	5.2
BR	75.2	Old Rte 9W	0.3
BR	75.5	River Rd ⇒ Water St	3.3
R	78.7	Grand Ave	0.3
L	79.0	Beacon Newburgh bike path under overpass	2.0
R	81.1	NY-9D S	0.7
R	81.7	Beekman St	0.2
R	81.9	W Main St	0.3
	82.2	Beacon Railroad Station	
	82.2	End of route	