

Go	At	On	For
	0.0	Start of route	0.0
S	0.0	Bottom of Main St, Cold Spring-head up Main St	5.4
R	5.4	Dennytown Rd	2.6
R	8.0	S Highland Rd Note: some hardpack	1.9
L	10.0	Old Albany Post Rd Note: hardpack	0.7
R	10.7	Snake Hill/Travis Corners Rd	0.9
L	11.5	U.S. 9 S	6.3
S	17.8	@ Circle, take the 1st exit onto US-202 W/US-6 W	3.6
L	21.4	Cross Bear Mtn Bridge	0.6
S	22.0	@ Circle, take the 2nd exit onto 9W south	1.4
R	23.4	Sharp right onto lower 7 Lakes Drive	0.7
S	24.1	@ Circle, continue straight onto Seven Lakes Drive	3.2
S	27.3	keep right	0.3
S	27.6	Long mtn Circle, take the 2nd exit onto 7 Lakes Dr south	3.7
S	31.3	Tiorati Circle, take the 2nd exit onto 7 Lakes Dr south	3.3
R	34.6	Kanawauke Circle, take the 1st exit onto Rt 106 west	5.1
S	39.8	NY-17A W	3.1
R	42.9	Benjamin Meadow Rd	1.4
R	44.3	Bramertown Rd	1.7
BR	45.9	Orange Turnpike	0.9
R	46.8	NY-17 S	0.1
PIT	46.9	Lunch, Valero	1.9
R	48.8	Arden Valley Rd	5.1
R	53.9	Tiorati Circle, take the 3rd exit onto 7 Lakes Dr north	3.7
S	57.6	@ Circle, take the 3rd exit onto US-6 W	3.2
S	60.8	Take the exit toward West Point/Rt 293	6.8
BL	67.5	Rt 218 north/Storm King Highway	5.9
L	73.5	Mountain Rd	1.6
R	75.1	N Rte 9W N	5.2
BR	80.3	Old Rte 9W	0.4
BR	80.6	River Rd⇒ Water St	3.2
R	83.8	Grand Ave	0.3
L	84.1	the Beacon Newburgh Bridge bike path under overpass	2.0

R	86.2	NY-9D S	0.7
R	86.8	Beekman St	0.2
R	87.0	W Main St	0.3
	87.3	Beacon Railroad Station	0.0
	87.3	End of route	