Co	Λ.	0.5	Eo.
Go	At	On	For
_	0.0	Start of route	0.0
L	0.0	Riverside Dr	3.0
R	3.0	W. 155th and bear left on River-	0.2
DI	0.0	side Dr	0.0
BL	3.2	TRO Riverside Dr	0.3
R	3.5	W 162nd St	0.1
L	3.6	Fort Washington Ave	0.7
L	4.4	W 177th St	0.1
R	4.5	Cabrini Blvd	0.1
QL	4.5	sidewalk and left again onto bridge ramp	1.3
R	5.8	Hudson Ter.	1.9
L	7.7	Clendinen	0.1
QR	7.7	into police parking lot	0.0
PIT	7.8	Pit stop at police station	0.0
		Note: Park bikes on left. Be quiet	
		in station	
QR	7.8	Stephens ter.	0.1
QL	7.9	Hudson Terrace	0.1
QL	7.9	E Palisade Ave	0.4
R	8.3	Summit St to end	0.7
L	9.0	Lyncrest Rd	0.4
R	9.4	N Woodland St	1.0
R	10.4	Kent Rd	0.2
<u> </u>	10.6	Caution: Steep descent. Every-	0.0
		one descend at a speed that's	
	10.0	comfortable for you.	1.0
QL	10.6	E Clinton Ave	1.0
R	11.6	Depeyster Ave Note: Everyone will regroup on	0.4
		Depeyster	
L	12.1	Highwood Ave	0.1
R	12.2	Park St	0.2
L	12.4	Hudson Ave	0.4
R	12.8	County Rd	1.2
S	14.0	Anderson Ave	0.5
L	14.5	Hardenburgh Ave	0.9
L	15.5	Park St	0.0
PIT	15.5	Lunch stop @ Deli 201-768-0468	0.1
		Note: After lunch, return to Hardenburgh	

Go	At	On	For
QR	15.6	Hardenburgh Ave	0.1
QR	15.7	County Rd	0.2
R	15.9	Piermont Rd	1.3
L	17.2	Hudson Ave	0.3
		Note: Rough Road	
R	17.5	Magnolia Ave	0.6
L	18.1	Hillside Ave	0.1
QR	18.2	Serpentine Rd	0.4
L	18.6	Westervelt Ave	0.1
R	18.7	Engle St	0.6
L	19.3	E Hudson Ave	0.3
R	19.6	Elkwood Terrace	0.1
QL	19.7	Lydecker St	0.1
R	19.9	TRO Lydecker St at Stop	0.2
S	20.1	Jog left/right across Glenwood Rd	0.5
		TSO Lydecker	
		Note: Blind intersection. Use caution	
L	20.6	Cedar St	0.2
R	20.8	Brayton St	0.2
L	20.9	Walnut St	0.1
_	20.9	Note: Steep	0.5
L	21.3	N Woodland St	0.1
R	21.4	Pershing Rd	0.3
R	21.7	Summit St	0.4
L	22.1	John St ⇒ Clendinen	0.4
R	22.6	Hudson Terrace	1.8
L	24.4	GWB bike path	1.3
R	25.7	Cabrini Blvd	0.1
		Note: Official end of ride	
QR	25.8	W 177th St	0.0
QL	25.8	Haven Ave	0.5
R	26.3	Fort Washington Ave	0.1
R	26.4	W 165th St	0.1
QL	26.5	Riverside Dr	3.6
	30.1	Ride ends @ 97th & Riverside	0.0
	30.1	End of route	