

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	W 110th St/Central Park N	0.4
<b>S</b>	0.4	@ Circle, continue straight onto W 110th St/Cathedral Pkwy	0.2
<b>R</b>	0.6	Morningside Dr	0.5
<b>L</b>	1.1	W 120th St	0.4
<b>R</b>	1.5	Riverside Dr	1.8
<b>R</b>	3.4	W. 155th St. and bear left on Riverside Dr	0.2
<b>L</b>	3.6	uphill past 158th St. TRO Riverside Dr	0.3
<b>R</b>	3.9	W 162nd St	0.1
<b>L</b>	4.0	Fort Washington Ave	0.7
<b>L</b>	4.7	W 177th St	0.1
<b>R</b>	4.8	Cabrini Blvd	0.1
<b>QL</b>	4.9	sidewalk for GW Bridge ramp	1.3
<b>R</b>	6.2	Hudson Terrace	2.0
<b>L</b>	8.2	E Palisade Ave	0.2
<b>R</b>	8.4	Floyd St	0.9
<b>PIT</b>	9.3	Pit stop @ North Cliff Elementary School <b>Note:</b> Return on Floyd	0.3
<b>R</b>	9.6	Fairview Ave	0.1
<b>QL</b>	9.7	First left onto Summit St	0.6
<b>L</b>	10.2	E Palisade Ave	0.4
<b>R</b>	10.6	Hudson Terrace	2.0
<b>L</b>	12.6	GWB bike path	1.3
<b>R</b>	13.9	Cabrini Blvd	0.1
<b>QR</b>	14.0	W 177th St	0.0
<b>QL</b>	14.0	Haven Ave	0.5
<b>R</b>	14.5	Fort Washington Ave	0.1
<b>R</b>	14.6	W 165th St	0.1
<b>QL</b>	14.7	Riverside Dr	3.6
	18.2	Ride ends at 97th & Riverside	0.4
	18.6	End of route	