

Go	At	On	For
L	0.0	Head north on East Drive	2.2
R	2.2	Exit park onto Adam Clayton Powell Jr Blvd	1.3
R	3.5	W 135th St	0.4
L	3.9	Madison Ave Bridge	0.3
S	4.3	E 138th St	0.1
QL	4.4	Grand Concourse	5.0
BR	9.3	Service Rd. at 205th St. CAUTION: traffic	0.1
R	9.5	Van Cortlandt Ave E	0.3
L	9.8	Bainbridge Ave	0.7
S	10.5	Merge onto Jerome Ave	0.6
R	11.1	E 233rd St	0.2
L	11.2	Van Cortlandt Park E	0.8
R	12.0	McLean Ave	0.2
L	12.2	Woodlawn Ave ⇒ Sterling	0.6
R	12.9	Kimball Ave ⇒ Bronxville Rd.	2.5
R	15.4	Pondfield Rd W	0.1
L	15.5	Parkview Ave <b>Note:</b> rough road throughout Parkview	1.0
BR	16.5	Bear right/quick left onto Scarsdale Rd	2.5
R	19.1	Ardley Rd/Popham Rd	0.2
L	19.2	East Pkwy	0.1
PIT	19.3	Lunch in Scarsdale: Metro Diner on Scarsdale Rd. or cafe/diner on East Pkwy	0.1
S	19.4	Make a U-turn	0.1
R	19.5	onto Popham Rd (or Left if from Metro Diner) to return to Scarsdale Rd.	0.2
L	19.6	Scarsdale Rd	2.5
BR	22.2	Bear right/quick left onto Parkview Ave <b>Note:</b> Rough road	1.0
L	23.2	Pondfield Rd W	0.2
R	23.4	TRO Pondfield Rd W	0.0
S	23.4	@ Circle, take the 2nd exit onto Parkway Rd	0.2
BR	23.6	Dewitt Ave	0.2
L	23.8	Desmond Ave	0.2
S	24.0	Midland Ave ⇒ Bronx River Rd.	2.7
R	26.7	McLean Ave (sign says 240th St.)	0.1

Go	At	On	For
L	26.8	E 241st St	0.3
L	27.1	Van Cortlandt Park E	0.7
R	27.8	E 233rd St	0.2
L	27.9	Jerome Ave	0.6
BR	28.5	TRO Jerome Ave <b>Note:</b> #4 train	0.4
R	28.9	W Gun Hill Rd	0.4
BL	29.2	Dickinson Ave	0.1
R	29.4	Sedgwick Ave	0.2
BL	29.6	uphill TRO Sedgwick Ave	0.5
R	30.1	Fort Independence St	0.1
BL	30.1	Heath Ave <b>Note:</b> traffic coming from right	0.5
R	30.7	W Kingsbridge Rd/W. 225th St.	0.3
L	31.0	Broadway	0.0
S	31.0	Cross Broadway Bridge on sidewalk <b>Note:</b> YIELD to pedestrians	0.2
S	31.2	Exit sidewalk onto Broadway	0.1
R	31.3	W 218th St	0.2
L	31.5	Seaman Ave	0.8
L	32.3	Riverside Dr	0.0
QR	32.3	Broadway <b>Note:</b> A train	0.5
R	32.8	Bennett Ave	0.7
R	33.5	W 181st St	0.1
QL	33.6	Fort Washington Ave	0.8
R	34.4	W 165th St	0.1
QL	34.5	Riverside Dr	4.9
L	39.4	W 72nd St	0.6
S	39.9	72nd St Transverse	0.0
	39.9	Ride ends at Central Park	