Road Bike Touring

Delaware Water Gap National Recreation Area
National Park Service
New Jersey/Pennsylvania

ADVISORIES

*** Biking is permitted only on ungated roads which are open to vehicle traffic.**
*** Old Mine Road from Flatbrookville to Pompey Ridge Road is closed until repaired.**
* Routes 206, 560 and 615 in New Jersey are shown on the map to indicate automobile access to parking areas within the recreation area. Bicycling is **not** recommended on these routes.

ROAD BIKES

New Jersey: Old Mine Road in New Jersey,is a moderately hilly and scenic touring route for road bikes. Paved sections of Old Mine Road, combined with Route NPS 615, provide a straight-through paved touring route of more nearly 20 miles.

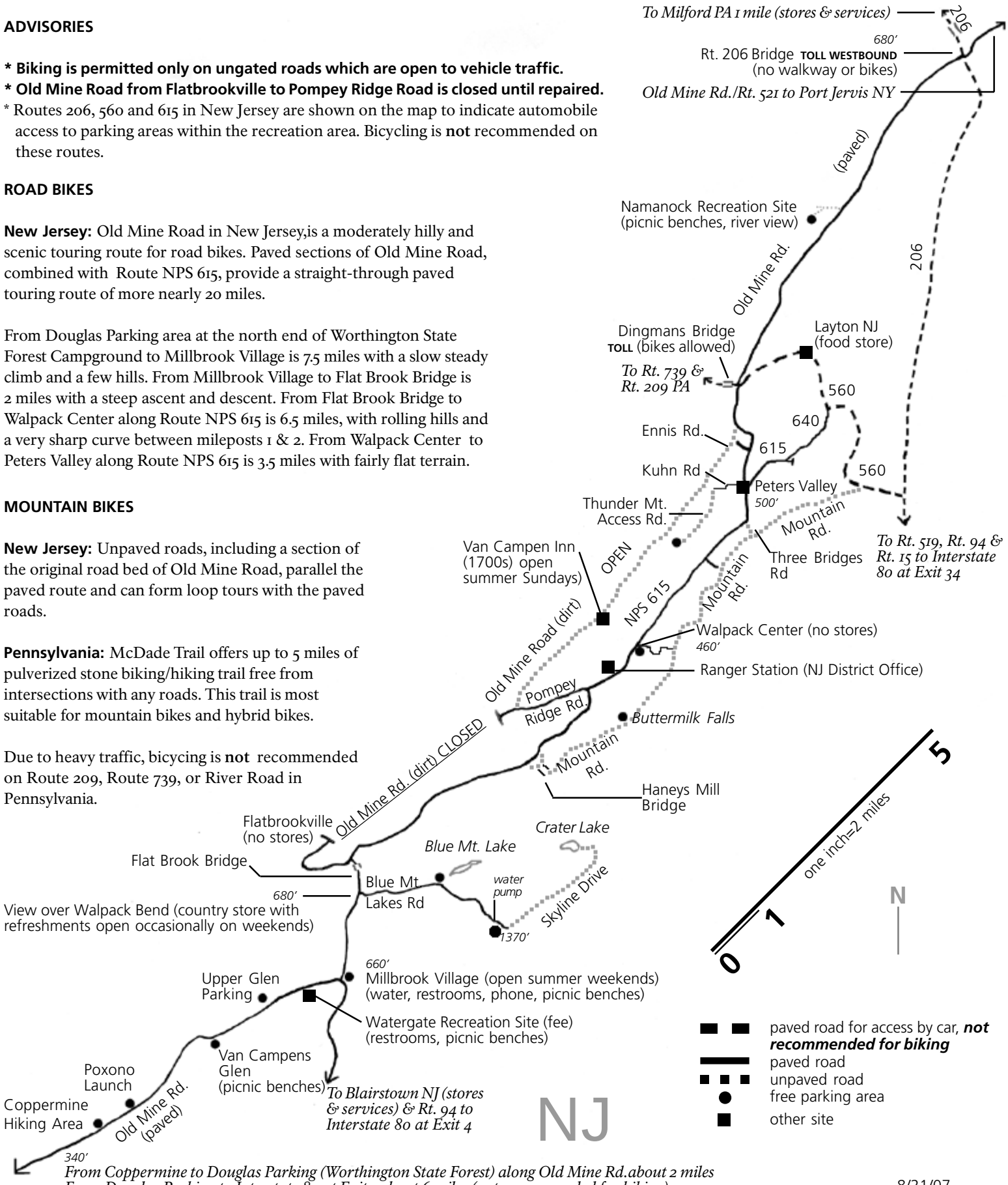
From Douglas Parking area at the north end of Worthington State Forest Campground to Millbrook Village is 7.5 miles with a slow steady climb and a few hills. From Millbrook Village to Flat Brook Bridge is 2 miles with a steep ascent and descent. From Flat Brook Bridge to Walpack Center along Route NPS 615 is 6.5 miles, with rolling hills and a very sharp curve between mileposts 1 & 2. From Walpack Center to Peters Valley along Route NPS 615 is 3.5 miles with fairly flat terrain.

MOUNTAIN BIKES

New Jersey: Unpaved roads, including a section of the original road bed of Old Mine Road, parallel the paved route and can form loop tours with the paved roads.

Pennsylvania: McDade Trail offers up to 5 miles of pulverized stone biking/hiking trail free from intersections with any roads. This trail is most suitable for mountain bikes and hybrid bikes.

Due to heavy traffic, bicycing is **not** recommended on Route 209, Route 739, or River Road in Pennsylvania.



From Coppermine to Douglas Parking (Worthington State Forest) along Old Mine Rd.about 2 miles
From Douglas Parking to Interstate 80 at Exit 1 about 6 miles (not recommended for biking)

8/21/07