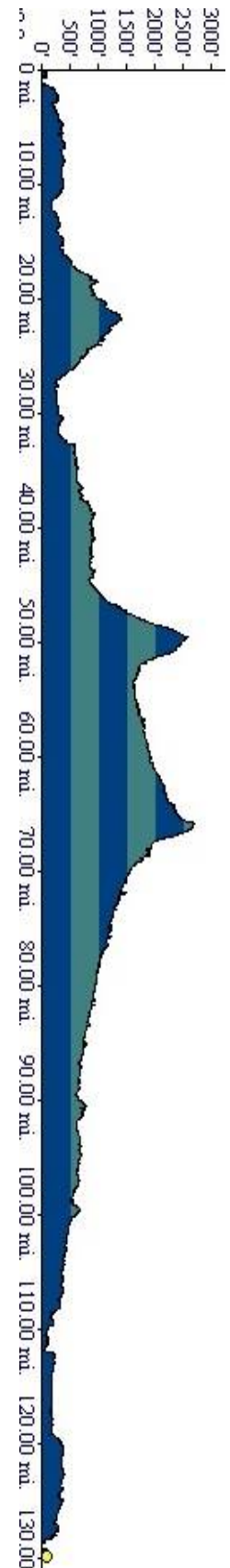


Tour des Catskills

130 Miles, 9000 Vertical Feet

| Go | Turn | Total | Road |
|------|-------|-------|---|
| - | Start | 0 | Poughkeepsie Metro North |
| 0.1 | Left | 0.1 | Rinaldi Blvd |
| 0.5 | Right | 0.6 | Gerald Dr |
| 0.2 | Left | 0.8 | Mid Hudson Bridge Access |
| 1.7 | Right | 2.5 | US 9W |
| 2.5 | Left | 5 | SR 299 |
| 12.5 | Right | 17.5 | Route 44/55 |
| 10.5 | Left | 28 | SR 209 |
| 4.5 | Right | 32.5 | SR 55 |
| 5.4 | BR | 37.9 | SR 55A |
| 7.6 | Right | 45.5 | at T, Sundown Rd |
| 0.2 | Left | 45.7 | Sugarloaf Rd. For shorter option continue on Sundown Rd to Peekamoose Road, 16 miles to Route 28A, make right then 3 miles to SR 213 then follow below. |
| 4 | Left | 49.7 | Red Hill Road |
| 3 | Left | 52.7 | at T, Denning Rd |
| 1 | BL | 53.7 | Cross bridge TRO Denning Rd |
| 0.5 | - | 54.2 | Food Stop on Right |
| 0.5 | Right | 54.7 | Frost Valley Rd->Rt 157->Rt 47 |
| 20 | Right | 74.7 | Route 28 |
| 14.8 | Right | 89.5 | SR 28A |
| 8.3 | BR | 97.8 | SR 213 |
| 1 | - | 98.8 | Food Stop on Right |
| 6.5 | Left | 105.3 | A T TRO SR 213 |
| 1 | Right | 106.3 | SR 213/209 |
| 0.8 | Left | 107.1 | SR 213 |
| 4.5 | Right | 111.6 | Keator Ave |
| 0.2 | BR | 111.8 | Sand Hill Rd |
| 0.2 | BL | 112 | Elting Rd; becomes Springtown Rd |
| 7 | Left | 119 | SR 299 |
| 5 | Right | 124 | New Paltz Rd |
| 3 | Right | 127 | Vineyard Ave |
| 0.1 | QL | 127.1 | Milton Ave |
| 0.2 | BR | 127.3 | SR 9W |
| 0.5 | Left | 127.8 | Haviland Rd -- Bridge Access |
| 1 | Left | 128.8 | Mid Hudson Bridge |
| 0.7 | Left | 129.5 | Ramp |
| 0.1 | Right | 129.6 | Gerald Dr |
| 0.2 | Left | 129.8 | Rinaldi Blvd |
| 0.5 | End | 130.3 | Poughkeepsie Metro North |





Train Times:
5:33, 6:33, 7:33.
JZ Cell:
917-617-0901

